



# The “Death” Diet



**In early**

**2008** the Israeli occupation created a “calorie count” to limit Gazans’ food intake to levels slightly above death by starvation.



Although the **scheme to starve Gazans** was exposed in 2012, it continued unabated, with **64.3%** suffering from moderate to severe food insecurity in 2022.



**47%**

of Gazans are children who have lived their entire lives under siege!

Many of them suffer from **stunting, wasting, acute undernutrition, and anemia.**

A photograph showing a group of children in Gaza waiting for water at a public tap. A boy in a yellow shirt is filling a plastic bottle from a tap. Other children are holding bottles or containers. A large blue water jerrycan is in the foreground. The background shows a dusty area with some buildings and people in the distance.

## What about water?

Due to the Israeli blockade and systematic destruction, Gazan children drink polluted water, with 50% suffering from water-borne diseases of whom **12% tragically do not survive.**



***“If there is a hell on earth, it is the lives of children in Gaza”***

**António Guterres, Former Secretary-General of the United Nations, 2021**



**The Global North supports the current Israeli closure of corridors that bring food, water, and fuel into Gaza.**

# Rooted Discrimination!

*“Cutting off men, women, children of water, electricity, and heating with winter coming – these are **acts of pure terror.**”*

On Russia-Ukraine war, October 2022



Ursula von der Leyen,  
European Commission  
President

*“Israel has the right to defend itself – today and in the days to come. **The European Union stands with Israel.**”*

October 2023





Israel is seeking Gazan's mass displacement to Egypt. For many, this would be the **3<sup>rd</sup> forced displacement**, having been displaced in 1948 when "Israel" was created (**Nakba**), and in 1967 after the **occupation** of the remaining Palestinian territories.



**Fight selective morality.**

Expose Palestinian ethnic cleansing.

Combat death by starvation and dehydration.

**History will document your silence.**